



Weekly Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets Bread	Grilled Ham & Cheese w/sliced bread	Hamburgers with a Bun	Fish Sticks Bread	Pepperoni Pizza <small>*Pizza crust serves as the bread.</small>
French Fries	Corn	Tator Tots	Green Beans	Carrot Slices
Fruit	Fruit	Cucumber Slices	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk

**Meals are prepared according to the minimum standards of the
Alabama Department of Human Resources and
Mobile County Health Department.**

DHR and MCHD Policy #1

Meals shall include the following:

meat or meat alternative

vegetables/fruits (2 vegetables OR 1 vegetable and 1 fruit OR 2 fruits)

bread or bread product

Milk

DHR and MCHD Policy #2

When a parent or guardian chooses to provide lunch for their child, a written signed statement indicating this shall be on file in the center. Furthermore, the lunch from home must reflect a balanced meal including juice or milk. If the lunch from home doesn't reflect a balanced meal, BA will provide a lunch and the child will be charged for one lunch on lunch account.

DHR and MCHD Policy #3

When a parent or guardian chooses for their child to drink water only (no milk or juice), a note from the child's doctor must be on file in the center.

NOTE: We understand the above policies may be somewhat frustrating and inconvenient for a parent or guardian. However, BA must follow the policies in order to maintain our license issued by AL DHR.